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# EXCERPT

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~CONT~

Akaa  
31



**A** woman must accept her fate or be destroyed by it. It's difficult to accept a circumstance that is out of my control. A very wise woman once told me, the more I fight the universe the more it fights back. So I am learning to roll with the punches and accept that, though life sometimes flows outside of my control I can still enjoy it."

Akaa



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Ruth  
74



**I** left my family and came alone to this country from Guatemala in 1968. In 1980 my sister passed away then my brother. I miss them very much but I am also happy to be here and meet such nice friends."

Ruth



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