

Feminine Transitions



*A photographic celebration
of natural beauty*

Photography by **Alyscia Cunningham**

Feminine Transitions



A&C Books

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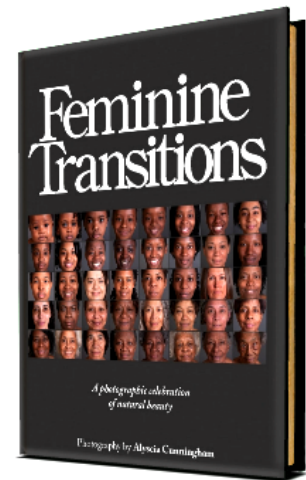
About Feminine Transitions

Photography that Unmasks the Natural Beauty of Aging

For women, aging brings with it an inner grace and beauty that is more than skin deep. From birth to old age, women transition through many physical, psychological, and emotional phases that are recorded on their faces.

Never before has a book so vividly projected the images of women in all stages of life in a way that reveals who they really are as women.

Feminine Transitions: A Photographic Celebration of Natural Beauty is a refreshing and inspiring, full-color book of photography. Its pages present a series of portraits that reveal the elegance and subtly honest beauty of female faces between the ages of 7 weeks and 103 years.



Author and photographer Alyscia Cunningham has truly unmasked the natural beauty of aging. “In a world filled with ‘Photoshopped’ images of women who are heavily made up, this book is a breath of fresh air,” says Trista Hendren, author of *The Girl God* and writer at the blog [Elephant Journal](#).

The process of photographing the portraits for the book turned out to be a transition for Alyscia. “I simply wanted to put together a body of work that fosters a woman’s love for herself and encourages women to believe in their own beauty, despite the signs of aging,” says Alyscia. “But as I looked through my lens, I couldn’t see the women. All I could see was their makeup. Their masks.”

Alyscia then made the decision that all of her subjects remove their makeup for their portraits. That was when the book project really took shape. The importance of a woman’s “natural” beauty took center stage.

Feminine Transitions unmasks women and exquisitely demonstrates that young is beautiful, old is beautiful, and natural is beautiful. #

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Meet Alyscia Cunningham



Beauty lies not in a flawless complexion, but in the stories that are told by each transitioning line on a woman's face.

Many people define beauty as skin deep, but I've found the beauty in physical and superficial changes that continue throughout the life of a woman.

- Alyscia Cunningham

Alyscia Cunningham is a professional photographer based in Washington D.C. who comes from a family full of multi-talented artists. Raised in Queens, New York, she earned degrees in photography and web design from Montgomery College.

As an author and accomplished photographer, Alyscia has contributed to National Geographic, the Discovery Channel, America Online, and the Smithsonian Institution. Additionally, her work has been published in several books and magazines, including *The Best of Photography 2011*, *Beauty Around Us*, *Endless Journeys*, and *Homes of Color Magazine*.

To learn more about Alyscia and her work, visit Alyscia.com.

Alyscia also invites you to [view her video introduction](#) to *Feminine Transitions*, on YouTube.

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Details About Feminine Transitions

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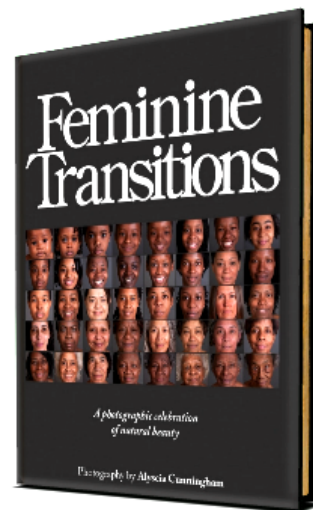
A Photographic Celebration of Natural Beauty

Throughout their lifetime, most women learn to be uncomfortable with their physical appearance. They create a mask of makeup that is intended to “fix” their “imperfections.” They identify so much with this mask they reject their true beauty.

Feminine Transitions encourages women to remove their masks and love their true selves, completely.

- Alyscia Cunningham

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